



ISPAD–Breakthrough T1D Research Fellowship Progress Report

Project title: Improving diabetes outcomes among youth with type 1 diabetes in Ahmadabad, India: Adoption of the 4T (Teamwork, Targets, Technology, and Tight Control)

Recipient: Mahira Saiyed, India

Below is the progress of the research project and funds used. Please note continuous glucose monitoring will be procured in instalments as study proceeds.

	Dec-25	Jan-26	Feb-26	Mar-26	Apr-26	May-26	Jun-26
Prepared protocol, consent, data collection form	Given for EC approval						2 Participants enrolled
		Did not receive response till Jan 2026- withdraw		Submitted to ACEAS -13 March	Clinical trial registration of India Submission 1 April CTRI registration number [CTRI/2026/04/109246]		2 participants planned to enroll
				Received approval on 28 March 2026	Clarification responded 6 April	Prepared Google forms for PAID, GMSS, Consent form	
				Bought Linx	23 April- received registration conformation		

