



ISPAD Science School for Healthcare Professionals 2025

November 2 - 4, 2025

Montreal, Canada



21st International Society for Pediatric and Adolescent Diabetes

Science School for Healthcare Professionals – Report

Fifteen participants from Australia, Brazil, Canada, Chile, Ireland, New Zealand, Uganda, the United Kingdom, and the United States of America took part in the Science School, representing nursing, dietetics, psychology, social work, and diabetes education disciplines.





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Organized and funded by the International Society for Pediatric and Adolescent Diabetes (ISPAD) and BreakthroughT1D, the Science School provided participants with training in critiquing research, developing research questions, research methodologies, data analysis, research ethics, grant writing, and the scientific and effective presentation of research. Participants received structured feedback on their ongoing and proposed research projects.

The programme was delivered through interactive teaching sessions and group discussions, supporting participants in refining their project aims, methods, and feasibility while encouraging collaboration across disciplines and countries. At the conclusion, two proposals received the prestigious ISPAD-Breakthrough T1D Research Fellowship: Rachel Flanagan (Psychologist, Ireland) and Xinyi Xu (Dietician, USA).





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The Science School was facilitated by Dr Rebecca Barber (Nurse Scientist, Children's Hospital Los Angeles, USA), Dr Didem Güneş Kaya (Dietitian, Istanbul University–Cerrahpaşa Faculty of Medicine, Türkiye), Dr Steven James (Nurse, University of the Sunshine Coast, Australia), Dr Anastasia Albanese-O'Neill (Nurse, BreakthroughT1D, USA), and Dr Meranda Nakhla (Paediatric Endocrinologist, Montreal Children's Hospital and Associate Professor, McGill University, Canada).

A special THANK YOU to our partner BreakthroughT1D for supporting this very important ISPAD initiative!

