

Project title: Improving diabetes outcomes among youth with type 1 diabetes in Ahmadabad, India: Adoption of the 5T
(Teamwork, Targets, Technology, Tight Control and therapeutic patient education)

Recipient: Mahira Saiyed, India

Below is the progress of the research project.

Date	Nov-25	Dec-25	Jan-26	Feb-26	Mar-26	Apr-26	May-26	Jun-26	Jul-26	Aug-26
Activities planned	Prepare protocol, consent, data collection form	Give for EC approval IIPHG Dec first week	CTRI registration after EC approval	Publish Protocol Order CGM device			Prepared Google forms for PAID, GMSS, Consent form	Submit 6 month progress report to ISPAD-Done		
			Did not receive response till Jan 2026-withdraw		Submitted to ACEAS - 13 March	Submission 1 April			Changes in protocol-added Therapeutic patient education-	
					Received approval on 28 March 2026	Clarification responded 6 April				Publish protocol
						23 April-received registration confirmation				

