



ISPAD Annual General Meeting 2024

Minutes

Date & Time: Friday, October 18, 2024 – 18:15 – 19:30 CEST

Location: Session Hall 3
Lisbon, Portugal

TOPIC 1 – Welcome presented by Jamie Wood:

ISPAD 2024 Conference Overview and key statistics:

- Total Delegates: 1,830 (1,683 attended in person + 143 participated virtually)
- Countries Represented: 106
- Invited Speakers: 78 from 25 countries
- Abstracts Submitted: 636 from 83 countries

The broad international engagement of the conference was emphasized.

Registration Statistics – Geographic Distribution:

A breakdown of registration by region was shared, with the top 10 countries of origin represented. Key statistics included:

- **Europe:** 64.7%
- **North America:** 14%
- Additional regional statistics were also shown, illustrating the global reach of the event.

Acknowledgment of Participation

The Executive Board acknowledged and expressed gratitude for the wide participation and contributions from various regions, emphasizing the importance of inclusivity and diversity in the ISPAD community.

TOPIC 2 – President's Report (presented by David Maahs)

Strategic Goals & Focus Areas:

The President outlined ISPAD's key strategic directions and accomplishments over the past year:

- **Member Engagement:** Continued efforts to listen to the membership and engage through CPAB and forums.
- **Community Building:** JENIOUS continues to grow as a key platform for networking, mentoring, and professional development.
- **New Journal Launch:** An unplanned but successfully managed transition to a new journal partnership.



- **Global Collaborations:** Strengthening partnerships with organizations including Breakthrough T1D , LFAC, CDiC, and SWEET.
- **Fellowships:** Expansion of the Research Fellowships.
- **Global Reach:** Ongoing efforts to expand membership and training opportunities internationally.
- **Sustainability:** Emphasis on balancing growth with financial and operational sustainability.

50th Anniversary Highlights :

- Celebration of ISPAD's 50th Anniversary marked by historic milestones:
 - 7th year of CPAB — gratitude extended to Sylvia Lion.
 - Over 271 JENIOUS members (as of Sept 2024).
 - Launch of the **Hormone Research in Paediatrics** journal as the new official journal of ISPAD.
 - Renewed MoU with Breakthrough T1D, supporting:
 - Science Schools
 - 6 Research Fellowships focused on T1D
 - 10 Allan Drash Fellowships annually
 - Updated **T1D Global Index** in Lisbon.
 - Record-breaking conference: **1,830 participants from 106 countries**.
 - Membership expansion to **1,402 members across 115 countries**.
 - Continued collaboration and formal MOU discussions with **SWEET**.

ISPAD Guidelines Update (2024): New chapters finalized and published in 2024:

- Chapter 2: Screening, Staging, and Strategies to Preserve Beta Cell Function
- Chapter 3: Type 2 Diabetes in Children and Adolescents
- Chapter 8: Glycemic Targets
- Chapter 9: Insulin Treatments in Children and Adolescents with Diabetes
- Chapter 16: Diabetes Technologies – Glucose Monitoring
- Chapter 17: Diabetes Technologies – Insulin Delivery

New Journal Partnership: **Hormone Research in Paediatrics** is now ISPAD's official journal.

- Benefits for members include:
 - Unlimited online access
 - Free publication of up to 2 manuscripts/year without APCs
 - Editorial participation from ISPAD members

Corporate Membership: ISPAD acknowledged the support of its 2024 corporate partners.

Acknowledgements

- Special thanks to Jamie Wood for her involvement and passion to ISPAD!
- Special thanks to Sylvia Lion for her support and her role.
- Special thanks to Stuart Brink, ISPAD's Historian for helping create the presentation celebrating 50 years of ISPAD:
- Reinforced commitment to *"A Better World for Children, Adolescents & Young Adults with Diabetes."*

TOPIC 3 – Secretary General’s Report (presented by Jamie Wood)

Society Structure & Governance:

- **Updated Articles of Association** (last revision in 2023)
- Ongoing updates to:
 - Membership database
 - Executive Board and Advisory Council structures
 - Committees and Special Interest Groups (SIGs)

Communications:

- Refined communication strategy covering: Website updates, Newsletters and Social media engagement
- Launch of **new ISPAD website** featuring: Real-time content management by committees, Improved navigation and user experience, Member engagement features and streamlined enrollment, Full launch planned for **November 2024**

Education & Science:

- Continued success of: E-learning and webinars, Postgraduate courses, Resource Platform offering open access to content from previous ISPAD conferences and webinars
- Growth in media views on the ISPAD Resource Platform with **over 1,000 media viewed annually** in recent years

Membership Update as of October 1, 2024: 1,402 members from 115 countries

Special Interest Groups (SIGs):

Leadership across SIGs was acknowledged. New and continuing leaders include:

- **Nutrition:** Sheryl Salis (India)
- **Diabetes Nurse Educators:** Cari Berget (USA), Megan Paterson (Australia)
- **Mental Health:** Jessica Pierce, Rachel Wasserman (USA)
- **Diabetes in Schools:** Gun Forsander (Sweden), Eduardo Calliari (Brazil)
- **Diabetes in Limited Resource Settings:** Yasmine Elhenawy (Egypt), Tinotenda Dzikiti (Zimbabwe)
- **Youth-Onset T2D:** Stephanie Chung, Shylaja Srinivasan (USA)
- **JENIOUS:** Claudia Piona (Italy), Laura Cudizio (Brazil), Apoorva Gomber (USA)

Recognitions and Transitions:

- Warm welcome to:
 - **Brynn Marks** (Communications Director in Training)
 - **Danny Chernavsky** (Corporate Relations Advisor in Training)
- Thanks to outgoing Advisory Council members and to **Catarina Limbert** and **Laure Norger**, for their dedicated service.

Awards and Fellowships:

- **2024 ISPAD-Breakthrough T1D Research Fellowship Winners** (7 recipients from 7 countries)
- **2024 Allan Drash Fellowship Winners** (10 fellows from 8 countries)
- **2024 FID-ISPAD Diabetes Research Grant Winner(s):** To be announced
- **2024 Hero Award Winner:** Lakshminarayana Varimadugu
- **Other Prizes:**
 - Agata Chobot – Early Career Prize
 - Carine de Beaufort – Lestrade Prize for Education and Advocacy
 - Michael Witsch – Prize for Innovation in Pediatric Diabetes Care
 - Silva Arslanian – Prize for Achievement

Patient Advocacy:

- Increased involvement of persons with diabetes (PWD) and advocates:
 - Inclusion in guideline development and scientific planning
 - Participation in symposia and social events
 - Full membership as of October 2024
 - Establishment of a Patient Advocate SIG

Elections:

- **Treasurer Elect (2024–2025):** Sabine Hofer (Austria)
- **Advisory Council (2024–2027):** 4 physicians elected from a global pool of candidates
- **E-Voting Oversight:** Scrutineers: Kim Donaghue & Carine de Beaufort

Topic 4: Treasurer Report Presented by Sabine Hofer:

Financial Overview:

The Treasurer presented the financial summary for the period up to the end of 2024, including:

- **Operational Budget:**
Covered both income and expenses, with clear segmentation by research, education, and support costs.
- **Bank Balances and Cash Flow:**
Year-over-year tracking showed stability and sustainability in cash reserves from 2015 through 2023.
- **Growth Trends:**
ISPAD's income and expenses have grown by approximately 100% since 2013, despite variable currency exchange impacts.

Financial Statements:

- **Periods Covered:**
Annual reports from 2012 to 2024, with special note on the 2020–2021 extended financial period (18 months) due to COVID-related shifts.
- **Currency Exchange Considerations:**
All financial figures accounted for currency gains/losses.

Budget Allocation Highlights:

- **Research & Education Investment:** Continued strong commitment to allocating operational funds toward scientific and educational activities.
- **Support Costs:** Clearly tracked and proportionally balanced to ensure operational efficiency while supporting growth.

Current Status (2024):

- The society remains financially stable and sustainable, with sufficient reserves and a healthy income/expense ratio.
- The financial model supports ISPAD's continued global expansion, journal development, and training initiatives.

Topic 5: Communications Report Presented by Roque Cardona-Hernandez (Chair)

Communications Committee presentation:

- **Chair:** Roque Cardona-Hernandez
- **Chair in Training:** Brynn Marks
- **Past Chair:** Eduardo Calliari
- **Members:** Jamie Wood, Tiago Jeronimo dos Santos, May Ng, Rade Vukovick, Sheryl Salis, Mariana Zorron, Karolina Piatek, Claudia Piona
- **Volunteer:** Belma Haliloglu
- **Support:** K.I.T. Group GmbH – Marion Labille, Mitra Momeni

Newsletter Performance:

- **Open Rate (Aug 2024):** 36.16% (down from 49.53% in 2023)
- **Click Rate (Aug 2024):** 4.62% (down from 18.72% in 2023)
- **Subscribers (Aug 2024):** 10,358 (up from 2,112 in Aug 2023)
- Notable shift: Germany entered the top 5 countries, replacing the Netherlands.

Website Engagement (Jan 1 – Sept 1, 2024):

- **New Users:** 77,000
- **Returning Users:** 22,000
- **Primary Source of New Users:** Organic search
- **Most Active Countries & Most Visited Pages:** Specific stats not detailed in slides but reviewed by the committee

Social Media Overview:

- **Instagram / X (Twitter):** Circa 3300 Followers. Top post in Sept 2024: 816 views. Top 2024 post overall: 3.6K views
- **Facebook:** 5,607 followers (+10%)
- **LinkedIn:** 195 followers (–83%). Sharp decline due to an account switch in April 2024
- **General Notes:**
 - Facebook's role is diminishing among Gen Z audiences
 - Instagram and X offer more potential engagement
 - Limitations noted on analytics access for X due to payment model

Strategic Communication Goals:

- Launch of **New ISPAD Website Portal** after Lisbon conference
- Emphasis on real-time content management by committee chairs
- Focus on: Enhancing visibility. Boosting member engagement. Optimizing search engine visibility and content strategy
- Ongoing reassessment of platform priorities (e.g., Instagram adoption)

Acknowledgments: Special welcome to **Brynn Marks**, Communications Director in Training

Topic 6: Corporate Relations and Partnerships Report. Presented by Sylvia Lion

2024 Partner Overview:

- ISPAD worked with **11 corporate partners** in 2024.
- There was a net-zero change: **2 partners lost, 2 new partners gained**.
- Challenges included:
 - UK registration issues causing administrative delays
 - Prolonged timelines between initial requests and final payments (average: 4–5 months)
 - Need for better process documentation and due diligence implementation

Partnership Management & Strategy:

- Ongoing review of:
 - Contacts and portfolios within partner organizations
 - Internal processes for tracking partner activities and deliverables
- Emphasis on improving communication and coordination with:
 - ISPAD leadership
 - Committees and working groups
 - External organizations for special projects

Projects and Partner-Supported Programs 2024:

- **Prizes Sponsored by:** Abbott, Children with Diabetes, Dexcom, Diabetes Leadership Council, Lilly, Medtronic
- **Guidelines Update Supported by:** Abbott, Dexcom, Medtronic, Sanofi (Plus distribution on USB key by Dexcom)
- **Educational Initiatives Supported by Breakthrough T1D:**
 - Science School for Physicians
 - Allied Healthcare Professional Science School
 - Research Grants and Fellowships (co-supported by Fondazione Italiana Diabete)

2025 Outlook & Recommendations:

- The external environment remains **competitive**, requiring ISPAD to:

- Enhance its value proposition to maintain partner priority status
 - Improve decision-making cycles and response times
 - Maintain strong recognition and communication of partner contributions
 - The coming year will be a **transitional period**, with a focus on:
 - Strategic engagement
 - Smoother partnership management
 - Strengthening long-term relationships
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Topic 7: Education Committee Report. Presented by Dr. Brynn Marks, Chair

Committee Structure:

- **Chair:** Dr. Brynn Marks, MD, MSHPEd
- **Chair in Training:** Cari Berget, MPH, RN, CDCES
- Acknowledgement of the full Education Committee membership and contributions

ISPAD-Endorsed Conferences:

- **New Application Process:**
 - Endorsement requests are now submitted via REDCap
 - Requires 60-day minimum advance notice (4–6 months recommended)
 - Post-event feedback required
 - Once endorsed, events are promoted via ISPAD newsletter and social media
- **2023–2024 Overview:**
 - 8 conferences endorsed
 - 4 endorsement requests declined
 - 4 currently pending review

ISPAD Webinars:

- **Survey Insights:**
 - 36 responses
 - 34% from non-ISPAD members
 - 44% from low- and middle-income countries (LMICs)
 - Preferred communication method:
 - 91% prefer dedicated webinar emails
 - 48% read announcements in monthly newsletters
 - No major issues with reminders or access
 - **27% did not know how to access webinar recordings** – an area for improvement
- **Most Helpful Topics (recent webinars):**
 - Applying Guidelines in Limited Resource Settings
 - MODY, Toxins, Stress, T2D in Cystic Fibrosis
 - Nutrition Therapy, Exercise, Glucose Monitoring
 - Vascular Complications, Education, COVID-19
 - Transition from NPH to Basal-Bolus Insulin

Upcoming Webinars:



Planned topics for the next three sessions:

- **November 2024:**
Detecting T1D in Different Settings
Focus on DKA prevention and screening strategies
 - **February 2025:** (in partnership with T2D SIG)
Latest Therapies for T2D
GLP-1, SGLT-2, sulfonylureas, and antibody testing in suspected T2D
 - **April 2025:** (in partnership with Diabetes in Schools SIG)
Topic to be announced
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Topic 8: Science School for Healthcare Professionals (SSHP) Report. Presented by Steven James

Faculty and Organizing Team:

- Dr. Steven James (Nurse, Australia)
- Dr. Julia Galhardo (Physician, Portugal)
- Dr. Rebecca Barber (Nurse, USA)
- Sheryl Salis (Dietitian, India)
- Dr. Anastasia Albanese-O'Neill (Breakthrough T1D)

Applications & Selection:

- **Promotion:** Advertised via ISPAD newsletters and website
- **Applications Received:** 36
 - All were eligible under the SSHP guidelines (no physician applicants)
- **Participants Selected:** 16
 - Represented 12 countries, 7 world regions, and 7 different allied health professions
 - One applicant did not attend

Program Overview: Duration: 2.5 days

- **Curriculum Topics:**
 - Literature reviews
 - Research question formulation
 - Data collection tools
 - Methodology
 - Grant writing
- **Support Provided:**
 - Individualized mentorship
 - Project planning guidance
 - Mentor assignments for continued support
 - Plans underway for collaborative studies involving faculty and participants

Evaluation: A formal program evaluation was conducted. Analysis is underway to inform improvements and future planning. Reviewed Guidelines will be created accordingly.

Topic 9: Science School for Physicians (SSP) Report. Presented by Dr. Ingrid Libman

Program Overview:

- **Theme:** *Enhancing diabetes research through worldwide collaborations*
- **Dates:** September 22–27, 2024
- **Location:** Pittsburgh, Pennsylvania, USA
- **Applications Received:** 52
- **Participants Selected:** 20
- **Participants Attended:** 18

Participant Diversity:

- **Countries Represented:**
Brazil, Mexico/Guatemala, Italy, Poland, Spain, Sweden, Turkey, United Kingdom, Nepal, India, Egypt, USA, Canada

Program Structure:

- **Convenors:** 4
- **Faculty:** 20 (including JENIOUS faculty and leaders)
- **Lectures Delivered:** 15
- **Group Activities:**
 - 4 small-group sessions for discussing case reports and research projects
 - Emphasis on collaborative and practical learning

Acknowledgements: Special thanks were extended to: ISPAD Executive Board, Breakthrough T1D, Faculty members and JENIOUS leaders, Co-convenors and all participants.

Topic 10: SWEET Update. Presented by Dr. Olga Kordonouri, SWEET Chair

SWEET Database and Benchmarking Tool:

- Introduction of a **new interactive, eco-friendly benchmarking cloud platform**.
- Built on an **Oracle open-access platform**.
- Provides enhanced benchmarking capabilities and access to:
 - Projects and publication info
 - Informative resources for rare forms of diabetes
- Used by SWEET centres for **clinical and patient-related outcomes tracking**.

SWEET PRO Study (Patient-Related Outcomes):

- **Study Status:**
 - Digital integration with SWEET database via QR-code-linked patient questionnaires



- 6 centers have ethical approval and 1 has launched the study (Hannover, Germany)
- Participating countries include Belgium, Czech Republic, Greece, India, Latvia
- 20 additional centers preparing for ethical approval
- Questionnaires available in **16 languages**

Upcoming SWEET Membership Assembly:

- **Date:** April 24–25, 2025
- **Location:** Filmquartier, Vienna, Austria
- **Format:** Hybrid meeting
- **Expected Attendance:** ~100 participants
- Local accommodation options will be provided

Membership and Acknowledgments:

- Continued appreciation for SWEET's **corporate members**
- Encouragement to new centers to join SWEET: Applications available via www.sweet-project.org

Topic 11: JENIOUS Report. Presented by Claudia Piona, Laura Cudizio, Apoorva Gomber

Vision and Purpose:

- **JENIOUS Vision:**
To connect early-career ISPAD members and actively engage them in the Society's research, educational, and networking opportunities.
- **Why Join JENIOUS?**
 - Access to research and education opportunities
 - Broad networking with peers and senior mentors within ISPAD

Membership Update:

- **Active Members:** 271 (as of September 22, 2024)
- **Eligibility (updated Sept 2024):**
 - ISPAD members under 40 years of age
 - OR within 7 years of their last degree (e.g., PhD, MD)
 - Open to all professions within pediatric diabetes
 - New applicants over 40 may submit a short CV/resume to confirm eligibility

Collaboration Within ISPAD:

JENIOUS has actively engaged with various ISPAD committees and initiatives:

- **Prize and Elections Committee:** Contributed to JENIOUS–CwD prize
- **Communication Committee:** Ongoing collaboration and mutual promotion
- **Membership Committee:** Outreach to <40 members not yet enrolled in JENIOUS

- **Education Committee:** Future plans to co-organize webinars
- **ISS Programs (ISSP/ISSHP):** Participation as mentors and faculty
- **SIG on Diabetes in Schools:** Ongoing JENIOUS–CwD research project
- **Transition Research Project:** Active leadership involvement
- **2024 ISPAD Guidelines:** Contributions from JENIOUS leaders

JENIOUS Activities – Research:

- ISPAD is acknowledged in all approved research outputs
- JENIOUS supports and coordinates collaborative studies and mentorship efforts

Communication & Networking:

- Constant collaboration with the Communication Committee
- Regular updates and promotions via:
 - ISPAD newsletter
 - JENIOUS webpage
 - WhatsApp community (149 members)
 - Twitter (@jenious_ispad, #JENIOUSMatters)
 - Email: jenious@ispad.org

Topic 12: ISPAD 2025 Conference Preview – Montreal. Presented by: Conference Co-Presidents Dr. Mélanie Henderson & Dr. Julia von Oettingen

Conference Details:

- **Event:** ISPAD's 51st Annual Conference
- **Location:** Montréal, Canada
- **Dates:** November 5–8, 2025
- **Venue:** *Palais des congrès de Montréal*
 - Centrally located downtown
 - Easy access and walking distance from most hotels

Theme *Unity in Diversity*

Honoring the diverse global ISPAD community and the Indigenous stewards of the land, the **Kanien'kéha Nation**, recognized as caretakers of *Tiohtià:ke* (Montreal)

Scientific Program:

- Montreal recognized as a leading center for pediatric diabetes research and care
- Key partners include:
 - **Camp Carowanis**
 - Local diabetes foundations
 - Strong academic and hospital-based expertise in pediatric endocrinology

Invitation to Attend:

- Montreal offers a vibrant, bilingual environment ideal for global exchange



- Excellent international flight access
- The organizers warmly invite all members and colleagues to join the global pediatric diabetes community in Montreal for ISPAD 2025

TOPIC 13 – Any other Business

- Registration in the UK: the executive will take on a deep dive into different options
- **Question: ISPAD's plan about integrating, how to plan to further expand the Patient advocate. How can Patient advocate can help ISPAD?** Jamie Wood: full membership status (run for AC our committee + PAs reviewing Guidelines chapters. Biggest change will be the SIG for PA. ISPAD will continue to work on it.
- Special thanks to Jamie Wood from Carine deBeaufort.

Meeting was closed as there was no other business. Members were encouraged to contact the ISPAD secretariat secretariat@ispad.org with any questions/suggestions/concerns.

TOPIC 14 - Closing of AGM

